




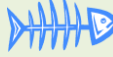











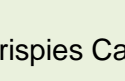



**WEEK 1**

**LUNCH MENU 11<sup>th</sup> November 2019 to 3<sup>rd</sup> April 2020**




















Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>'MEAT FREE'</b> "Seadog" Jumbo Fish Finger in Hotdog Roll</p> 	<p>Homemade Chicken Italiane Topped with Cheese and Nacho</p> 	<p>Local Butcher's Roast Turkey served with Yorkshire Pudding and Gravy</p> 	<p>Homemade Sausage Roll</p> 	<p>Butcher's Beef Burger in a Bun</p> 
<p>"Quorn Dog" Frankfurter Style in Hotdog Roll (v)</p> 	<p>Roasted Vegetable Parcel (v)</p> 	<p>Vegetable Strudel (v)</p> 	<p>Cheese &amp; Tomato Pasta Bake (v)</p> 	<p>Southern Fried Quorn Burger (v)</p> 
<p>Salad Bar with added selection of Pasta, Potato &amp; Noodle Salads</p>	<p>Rice Salad Bar</p> 	<p>Roast Potatoes Fresh Carrots Fresh Broccoli</p> 	<p>Creamy Mash Beans Salad Bar</p> 	<p>Chips Sweetcorn &amp; Peas Salad Bar</p> 
<p>Jacket Potato with Tuna</p> 	<p>Jacket Potato with Cheese</p> 	<p>Fresh Fruit Platter</p>	<p>Jacket Potato with Beans</p> 	<p>Krispies Cake</p> 
<p>Homemade Peach Crumble &amp; Custard</p> 	<p>Homemade Chocolate Brownie</p>		<p>Fruit Smoothie</p>	

*Also available Daily; Whole Fresh Fruit/ Fresh Fruit Salad/ Muller Corner Yoghurt/Fresh Milk, Water and Bread*

**Week Commencing: 11<sup>th</sup> November, 2<sup>nd</sup> December, 6<sup>th</sup> January, 27<sup>th</sup> January, 24<sup>th</sup> February & 16<sup>th</sup> March**

**WEEK 2**

LUNCH MENU 11<sup>th</sup> November 2019 to 3<sup>rd</sup> April 2020



















Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>'MEAT FREE'</b> Cheese and Tomato Pizza</p> 	<p>Chicken Fajitas served with Tortilla Wrap</p> 	<p>Local Butcher's Roast Chicken served with Yorkshire Pudding Gravy</p> 	<p>All Day Breakfast Sausage, Bacon, Egg, Beans, Mushroom &amp; Tomato</p> 	<p>Jumbo Fish Finger</p> 
<p>Very Veggie Pizza (v)</p> 	<p>Five Bean Chilli (v)</p> 	<p>Quorn Sausage with Yorkshire Pudding (v)</p> 	<p>Veggie Breakfast 2 Veggie Sausages, Egg, Beans, Mushroom &amp; Tomato (v)</p> 	<p>Linda McCartney Vegetarian Sausage Twist (v)</p> 
<p>Salad Bar with added selection of Pasta, Potato and Noodle Salads</p> 	<p>Rice Selection of Dips/Salsa Salad Bar</p> 	<p>Roast Potatoes Fresh Carrots Fresh Cabbage</p> 	<p>Hash Brown</p> 	<p>Chips Sweetcorn Garden Peas Salad Bar</p> 
<p>Jacket Potato with Tuna</p> 	<p>Jacket Potato with Cheese</p> 	<p>100% Fruit Lolly</p>	<p>Jacket Potato with Beans</p> 	<p>Cook's Choice Muffin</p> 
<p>Granola Fruit Cup with Greek Yoghurt</p>	<p>Homemade Red Velvet Cake</p>		<p>Assorted Melon Wedges</p>	

*Also Available Daily; Whole Fresh Fruit/ Fresh Fruit Salad/ Muller Corner Yoghurt/Fresh Milk, Water and Bread*

**Week Commencing: 18<sup>th</sup> November, 9<sup>th</sup> December, 13<sup>th</sup> January, 3<sup>rd</sup> February, 2<sup>nd</sup> March & 23<sup>rd</sup> March**

**WEEK 3**

**LUNCH MENU 11<sup>th</sup> November 2019 to 3<sup>rd</sup> April 2020**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>'MEAT FREE'</b> Cheese &amp; Tomato French Bread Pizza</p> <p> Cheese &amp; Roasted Pepper French Bread Pizza (v)</p> <p> Salad Bar with a selection of Pasta, Noodle &amp; Pasta Salads</p> <p> Jacket Potato with Tuna</p> <p> Rock Bun with Wedge of Orange</p>	<p>Homemade Chicken Tikka Masala</p> <p> Quorn Balls in Tomato Sauce served with Pasta (v)</p> <p> Rice Naan Bread Salad Bar</p> <p> Jacket Potato with Cheese</p> <p> Homemade Pineapple Upside Down Cake</p>	<p>Roast Gammon with Yorkshire Pudding and Gravy</p> <p> Sweet Potato Rosti (v)</p> <p> Roast Potatoes Fresh Carrots Green Beans</p> <p> Fruit Platter</p>	<p>Homemade Lasagne</p> <p> Macaroni Cheese (v)</p> <p> Garlic Bread Salad Bar</p> <p> Jacket Potato with Beans</p> <p> Chocolate or Strawberry Ice Cream Pot</p>	<p>Oven Baked Battered Chicken Nuggets</p> <p> Quorn Dippers (v)</p> <p> Chips Garden Peas Baked Beans Salad Bar</p> <p> Cook's Choice Cookie</p>
<p><b>Also available Daily; Whole Fresh Fruit/ Fresh Fruit Salad/ Muller Corner Yoghurt/Fresh Milk, Water and Bread</b></p>				

**Week Commencing: 25<sup>th</sup> November, 16<sup>th</sup> December, 20<sup>th</sup> January, 10<sup>th</sup> February, 9<sup>th</sup> March & 30<sup>th</sup> March**